State Operated Services Vision, Mission and Values

**Vision**
Partner in the development of vibrant, sustainable, healthy and inclusive communities across Minnesota that support people in effectively managing their behavioral health needs, allowing them to optimize their potential.

**Mission**
State Operated Services, in partnership with others, provides innovative and responsive behavioral health care to people with complex needs and challenges, some of whom may present substantial safety risks.

**Values**
- Quality care
- Respect
- Innovation
- Accountability
- Responsibility
- Working together

Contact Information

**Child & Adolescent Behavioral Health Services**
**Community Services**
1711 W. County Rd. B., Suite 100 F
St. Paul, MN 55113

**For referrals or information contact:**
(612) 306-1578 (Clinical Lead) or
(218) 825-3000 (Director)
FAX: (651) 639-4007

This information is available in alternative formats to individuals with disabilities by calling (651) 431-3676. TTY users can call through Minnesota Relay at (800) 627-3529. For Speech-to-Speech, call (877) 627-3848. For additional assistance with legal rights and protections for equal access to human services programs, contact the ADA coordinator through your treatment team.
The Child and Adolescent Behavioral Health Services (CABHS) program is a specialized mental health program operated by the Minnesota Department of Human Services, State Operated Services. CABHS provides both inpatient psychiatric hospital services and community-based foster home services. The Minnesota Intensive Therapeutic Homes (MITH) offers a unique alternative to institutionalization for children and adolescents with severe emotional disturbance and serious acting out behaviors. Services are provided to youth with neurodevelopment disorders who also have a mental illness, youth whose needs may best be served through the application of treatment with Dialectical Behavior Treatment (DBT), and youth who have suffered severe psychosocial trauma.

Overview
- Provide Intensive Therapeutic Homes in partnership with counties and private foster care agencies
- Serve children and adolescents statewide
- The treatment structure of the home is based on a combination of the evidence based models:
  - Multidimensional Treatment Foster Care Model
  - Wrap-around services model; and where appropriate
  - Dialectical Behavioral Therapy
- Joint Commission Accredited.

The MITH Program offers:
- Family-driven, culturally sensitive treatment based on the strengths and needs of the child or adolescent
- Dedicated, experienced, licensed Foster Parents (licensed through private foster care agencies or counties and employed by State)
- Extensive training and support for the foster home
- 24/7 Professional crisis support
- Independent living skills training
- Medication training and oversight by a Registered Nurse
- Individual and family therapy
- Transition services, where indicated, to assist the child in return to their home.
- Coordination and Liaison with community resources
- Medication management by community psychiatrists
- Coordination of care and treatment between home and school
- Coordination of the intensive treatment team made up of CABHS-Community Services staff, foster parents, the child and family, county social workers, probation officers, representatives from private foster care agencies, community mental health professionals and school personnel.