

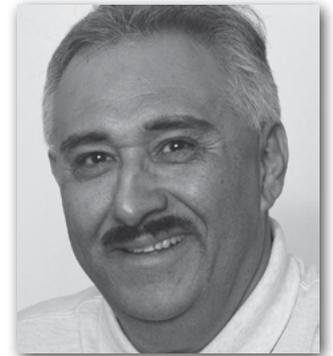
**Seniors can get help paying for services to stay in their homes**

**Alternative Care, Elderly Waiver, and Essential Community Supports programs**



Minnesota Department of **Human Services**

**S**eniors and their families who need services that help older persons remain in their homes may be interested in Minnesota's Alternative Care and Elderly Waiver programs. These programs also provide services that help spouses and families care for their senior family members.



**T**he programs include a wide variety of services that help older adults, including home health aide services, home delivered meals, family caregiver support and training, adult day care services, transportation, personal care assistants, medical supplies and equipment, companion services and homemaker services. The Elderly Waiver also includes adult foster care services, customized living services and more. The Essential Community Supports program provides funding for some services that many seniors first find helpful such as homemaking or meals.

If you are interested in learning more about these programs, please contact the groups listed on the right. When you call, county staff will talk with the caller about the senior's needs and abilities, and county staff will provide information about community resources.

For more information:

- Call your county's health or human services agency. Look in the phone book in the blue “government” pages for your county's listing.
- Call the Senior LinkAge Line® (800) 333-2433 for help in connecting to your county or senior services.
- Visit the DHS Web site at [www.dhs.state.mn.us](http://www.dhs.state.mn.us) and look under “People We Serve/Seniors.”
- If you belong to a health plan, you may be referred to your care coordinator for assistance.



# Fair treatment is your right

You have the right to fair, nondiscriminatory treatment. Neither the Minnesota Department of Human Services nor county agencies may discriminate against anyone because of his or her:

- National origin
- Race
- Color
- Sex
- Religion
- Age
- Creed
- Sexual orientation
- Political beliefs
- Status with regard to public assistance
- Or because of physical, mental or emotional disability.

If you feel you were discriminated against for any of these reasons, you may file a complaint with:

**Minnesota Department of Human Services**

**Office for Equal Opportunity**

P.O. Box 64997

St. Paul, MN 55164-0997

Voice: 651-431-3040

TTY/TDD: 651-431-3041

**MN Dept. of Human Rights**

625 Robert Street North

St. Paul, MN 55155

Voice: 651-539-1100

TTY: 651-296-1283

Toll Free: 1-800-657-3704

[www.humanrights.state.mn.us](http://www.humanrights.state.mn.us)



Attention. If you need free help interpreting this document, call 1-800-333-2433.

ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم 1-800-333-2433.

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅតាមទូរស័ព្ទមកលេខ 1-800-333-2433 ។

Pažnja. Ako vam treba besplatna pomoć za tumačenje ovog dokumenta, nazovite 1-800-333-2433.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntauv no pub dawb, ces hu rau 1-800-333-2433.

ໂປຣດຊາບ. ຖ້າທາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ພຣີ, ຈົ່ງໂທໂທໂປຣໂປຣ 1-800-333-2433.

Hubachiisa. Dokumentiin kun bilisa akka siif hiikamu gargaarsa hoo feete, lakkoobsi bilbiltu 1-800-333-2433.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по телефону 1-800-333-2433.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalkan, wac 1-800-333-2433.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al 1-800-333-2433.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số 1-800-333-2433.

This information is available in accessible formats for individuals with disabilities by calling 651-431-2400, toll-free 800-747-5484, or by using your preferred relay service. For other information on disability rights and protections, contact the agency's ADA coordinator.

Minnesota Department of Human Services  
P.O. Box 64976  
St. Paul, MN 55164-0976