Minnesota Health Care Programs

Requirements for Incontinence Products

Effective July 1, 2018, Minnesota Health Care Programs (MHCP) will only cover adult and youth-sized disposable incontinence briefs, adult and youth-sized disposable underwear, disposable underpads, and disposable liners, guards, pads and shields that appear on the most current MHCP Incontinence Products List (PDF). Belted undergarments are included in the liners, guards, pads and shields category. MHCP covers pediatric-sized briefs and disposable underwear. MHCP considers products designed for children age five and younger, or under 45 pounds, to be pediatric products.

MHCP Incontinence Products List – Adding or removing products

Any manufacturer, distributor or supplier can request that products be added to the MHCP Incontinence Products List by submitting the name of the manufacturer, the product name, the product size, the waist measurement, all product numbers for the product and the appropriate Healthcare Common Procedural Coding System (HCPCS) code for each product, in the following format:

<table>
<thead>
<tr>
<th>Manufacturer</th>
<th>Product Name</th>
<th>Product Size</th>
<th>Waist Range</th>
<th>Product Numbers</th>
<th>HCPCS Code</th>
</tr>
</thead>
</table>

The requestor must arrange for products to be tested by an independent laboratory, using the MHCP testing requirements. MHCP will add products if a report is received from an independent laboratory, dated no more than six months prior to the date of request, showing that the products meet MHCP criteria. MHCP may add products to the MHCP Incontinence Products List at any time by following the procedures above. MHCP will publish the list on the Minnesota Department of Human Services website in February 2018, and will update it when additional products are added, but no more than bi-weekly.

Products may remain on the MHCP Incontinence Products List through December 31, 2022 (approximately four years). MHCP will remove products from the list at any time on request from the manufacturer. If there is a change to manufacturing that can reasonably be expected to affect a product on the list, MHCP will require a new report from an independent laboratory. If MHCP has a good faith belief that a product no longer meets MHCP criteria, a new report from an independent laboratory will be required. The manufacturer, distributor or supplier must notify MHCP if there is a change to the product number.
Testing requirements

Follow these testing requirements:

- For each test, complete five replicates, with the arithmetic average of the five replicates reported to MHCP
- Perform testing on all youth-sized products
- Perform testing on the smallest size product from each line and size large of all adult product lines to be placed on the MHCP Incontinence Products List
- Perform testing for all products according to the Nonwovens Standard Procedures, 2015 Edition, published by INDA (the Association of the Nonwovens Fabrics Industry) and EDANA (the international association serving the nonwovens and related industries), as specified here:
  - Perform testing for rewet on briefs and disposable underwear using INDA WSP 070.9.R1(15)
    - Briefs: 100 ml fluid add-on for youth and small sizes, 200 ml for all other sizes
    - Disposable underwear: 100 ml fluid add-on for all sizes
  - Perform testing for rate of acquisition on briefs and disposable underwear using INDA WSP 070.9.R1(15)
    - Briefs: 100 ml fluid add-on for youth and small sizes, 200 ml for all other sizes
    - Disposable underwear: 100 ml fluid add-on for all sizes
  - Perform testing for breathability on briefs and disposable underwear using INDA WSP 070.1R3(15)
  - Perform testing for retention capacity on briefs and disposable underwear, disposable underpads, and disposable liners, guards, pads and shields using INDA WSP 070.10.R1(15)

Laboratory requirements

Follow these laboratory requirements:

- The independent laboratory must submit test results to the Minnesota Department of Human Services, Purchasing and Service Delivery Division. The laboratory may send results by email to Regina.Acevedo@state.mn.us or U.S. mail to Regina Acevedo, Minnesota Department of Human Services, Purchasing and Service Delivery Division, PO Box 64984, St. Paul, MN 55164-0984
- The laboratory must be ISO 9000 compliant
- The laboratory cannot be owned in whole or in part by the manufacturer, distributor or supplier, or any of its parent or subsidiary companies
- DHS will not require use of a specific laboratory, but will maintain a list of laboratories known to perform these tests
Performance standards

To qualify for inclusion on the MHCP Incontinence Products List, each brief and disposable underwear product must meet or exceed three of the four performance standards, AND be within 15 percent of the fourth standard. Liners, guards, pads and shields will be categorized according to their retention capacity, regardless of the manufacturer’s classification or name.

<table>
<thead>
<tr>
<th>Product Category</th>
<th>Retention Capacity</th>
<th>Rate of Acquisition</th>
<th>Rewet</th>
<th>Breathability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult briefs</td>
<td>≥ 400 grams</td>
<td>≤ 50 seconds</td>
<td>≤ 1</td>
<td>≥ 100 Cfm</td>
</tr>
<tr>
<td>Adult disposable underwear</td>
<td>≥ 400 grams</td>
<td>≤ 35 seconds</td>
<td>≤ 0.5</td>
<td>≥ 100 Cfm</td>
</tr>
<tr>
<td>Youth briefs</td>
<td>≥ 250 grams</td>
<td>≤ 50 seconds</td>
<td>≤ 1</td>
<td>≥ 100 Cfm</td>
</tr>
<tr>
<td>Youth disposable underwear</td>
<td>≥ 250 grams</td>
<td>≤ 35 seconds</td>
<td>≤ 0.5</td>
<td>≥ 100 Cfm</td>
</tr>
<tr>
<td>Liners, guards, pads and shields – for light incontinence</td>
<td>50 grams</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Liners, guards, pads and shields – for moderate incontinence</td>
<td>200 grams</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Liners, guards, pads and shields – for heavy incontinence</td>
<td>300 grams</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Disposable underpads</td>
<td>100 grams</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>