Vision, Mission and Values

Vision
Inclusive communities across Minnesota that are vibrant, sustainable, healthy and support people in effectively addressing their behavioral health needs allowing them to achieve their life goals.

Mission
Partnering with others, we provide and support innovative and responsive specialty services to people with complex behavioral health needs and challenges.

Values
- Person centeredness
- Quality
- Respect
- Innovation
- Responsibility/accountability
- Teamwork
- Partnering

Contact Information

Child & Adolescent Behavioral Health Services
1701 Technology Drive N.E.
Willmar, MN 56201
(320) 231-5337
(888) 883-0266

This information is available in accessible formats for individuals with disabilities by calling 651-431-3676 or by using your preferred relay service. For additional assistance with disability rights and protections to access human services programs, contact your treatment team.
The Child and Adolescent Behavioral Health Services (CABHS) program is a specialized mental health program operated by the Department of Human Services. CABHS provides both inpatient psychiatric hospital services and community-based foster home services. The CABHS hospital component offers a safe, youth- and family-responsive setting for tertiary care, comprehensive assessment and intensive treatment of specialized mental health problems. CABHS specialty care includes two programmatic directions: a neurodevelopmental program for youth with cognitive challenges who also have a mental illness; and trauma-informed care, a specialized treatment of mental illness in youth who have suffered severe psychosocial trauma.

Overview
- Psychiatric hospital for children and adolescents statewide ages 6 to 18
- Hospitalization consists of assessments, standardized rating of progress, stabilization and treatment
- Treatment team comprised of psychiatry, pharmacology, nursing, psychology, social work, behavior analysts and occupational therapy
- Treatment and aftercare plans coordinated with community-based providers, including county case managers

Therapeutic Services
- Assessments
  - Psychiatric
  - Social work
  - Occupational therapy
- Medication evaluation and treatment
- Specialized treatment approaches for specialized populations
  - Neurodevelopment
  - Trauma-informed care
- Behavioral services
  - Specialized behavioral programming
  - Group and individual therapy
  - Discharge and aftercare planning
  - Person-centered treatment

Referrals
- Referral sources include but are not limited to county social service agencies, parents, corrections, private hospitals, residential treatment facilities, schools and private insurance carriers
- Require pre-certification of insurance prior to admission
- Services are covered by most major insurance payers, including Medical Assistance
- Referrals must meet hospital level admission criteria and are prescreened by pre-admission professional staff
- Triage and referral to placements with a better fit (for those not admitted)
- To make a referral call:
  - (320) 231-5337
  - (888) 883-0266

Professional Staff
- Board-certified child and adolescent psychiatrists
- Ph.D level behavioral analysts
- Psychiatric nurses (APRNs, RNs, LPNs)
- Social workers
- Licensed marriage and family therapists
- Psychologists
- Dieticians
- Human service technicians
- Occupational therapists