Bridging Barriers to Mental Health
For deaf, deafblind and hard of hearing adults

We understand
Finding accessible mental health services in your home area can be challenging, especially in Greater Minnesota.

We are committed to providing mental health care that emphasizes direct communication and a solid understanding of the issues related to hearing loss. We want to help you.

What we do
Our statewide mental health program serves deaf, deafblind and hard of hearing adults. Our approach is both culturally affirmative and linguistically accessible. Our team is fluent in American Sign Language (ASL), with years of experience providing direct mental health services to persons with hearing loss.

We provide:
- Crisis intervention and stabilization
- Individual and family therapy
- Case coordination
- Aftercare planning
- Community placement assistance

Services are free to Minnesota residents 18 and older who are deaf, deafblind and hard of hearing.

We also offer training and consultation services to community agencies and organizations about mental health and people with hearing loss. This is a larger population than many realize. As many as 20% of Minnesotans – or 1,122,000 people – have some degree of hearing loss.

Let’s talk
Our five locations across the state are open Monday through Friday, from 8 a.m. to 4:30 p.m.

Metro
Golden Rule Building
85 East Seventh Place, Suite 105
St. Paul, MN 55101

Northeast
Duluth Technology Village
11 E. Superior Street, Suite 220
Duluth, MN 55802

Northwest
Family Service Center of Clay County
715 11th Street North, Suite 200
Moorhead, MN 56560

Central
3400 First Street North, Suite 302
St. Cloud, MN 56303

Southern
12 Civic Center Plaza, Suite 1670
Mankato, MN 56001

All locations
Videophone: 651-964-1514
Voice: 800-657-3663
Email: dhs.dhhsd@state.mn.us
Web: mn.gov/deaf-hard-of-hearing
Attention. If you need free help interpreting this document, call the above number.

For accessible formats of this information or assistance with additional equal access to human services, write to dhs.dhhsd@state.mn.us, call 800-657-3663, or use your preferred relay service.