Clients treated in the Minnesota Specialty Health System are individuals:

- Not in need of acute services
- Who pose a moderate to serious risk of harm to themselves or others
- Who have moderate to serious functional impairments
- Who have significant behavioral issues
- With co-occurring disorders such as serious mental illness, chemical dependency, psychological/personality disorders or other conditions.

Vision

Partner in the development of vibrant, sustainable, healthy and inclusive communities across Minnesota that support people in effectively managing their behavioral health needs, allowing them to optimize their potential.

Mission

State Operated Services, in partnership with others, provides innovative and responsive behavioral health care to people with complex needs and challenges, some of whom may present substantial safety risks.

Principles

- Strong consumer relationships are critical to effective treatment
- The treatment process is directed by the individuals, as opposed to being imposed upon them
- Staff provide opportunities for individuals about the nature of their illnesses and/or disability, and the potential ramifications of treatment decisions
- Staff believe that any individual can develop and improve given the opportunity.

Attention. If you need free help interpreting this document, call the above number.

651-431-3676

This information is available in accessible formats for individuals with disabilities by calling 651-431-3676 or by using your preferred relay service. For other information on disability rights and protections, contact the agency’s ADA coordinator.
A Person Centered Approach to Recovery and Community Living

The goal of Minnesota Specialty Health System is to provide services in a safe and creative environment that assists adult individuals with varying levels of skills and abilities in identifying their strengths, needs and goals through skill training and acquisition. Each program works with adults in achieving their goals and transitioning them to a less structured, more stabilized setting. Programs provide rehabilitative and habilitative treatment that utilize evidence-based practices in helping individuals with their recovery, including Illness Management and Recovery, IntegratedDual Disorder Treatment, family psycho-education, behavioral expertise and 24/7 psychiatric on-call consultation, and coverage, and crisis prevention planning.

Contact any program for more information or specific intake and exclusion criteria

Minneapolis Specialty Health System – Brainerd
Intake: (866) 966-2337
- The program is a specialty IRTS (Intensive Residential Treatment Services) serving adults with co-occurring brain injury and mental illness/chemical health issues
- Residential treatment services are delivered within a flex-lock facility, meaning that individuals may come and go unless their individual safety risk requires the facility to be locked
- Specialty services offered: physical therapy, occupational therapy, neurology consultation, and neuropsychological assessment and treatment consultation

St. Paul Como Community Unit
Intake: (651) 558-2266
- Specialty Intensive Residential Treatment Services are delivered within an apartment complex, where individuals live in an independent setting
- Located in St. Paul, Minnesota
- Focus is on diversions from metropolitan hospital stays and commitments to Anoka Metro Regional Treatment Center

Minneapolis Specialty Health System – Wadena
Intake: (866) 966-2337
- Specialty Intensive Residential Treatment Services are delivered within a flex-lock facility
- Provides community-based services to adults with serious mental illness with possible co-occurring disorders
- Specializes in delivering integrated and evidence-based treatments
- Admission priority is given to Region Five Mental Health Initiative, including Crow Wing, Aitkin, Todd, Wadena and Morrison counties

Minneapolis Specialty Health System – Willmar
Intake: (866) 966-2337
- Specialty Intensive Residential Treatment Services are delivered within a flex-lock facility
- Provides community-based services to adults with complicated needs related to serious mental illness with possible co-occurring disorders, who have been denied services by at least two previous Intensive Residential Treatment Services facilities
- Provides nursing care to individuals requiring diabetic management who have the ability to enhance their functioning status by managing their diabetic care
- Provides nursing care to individuals who require 24-hour nursing monitoring of treatment needs, such as oxygen administration, time limited minor wound care and self-care needs

Program locations

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brainerd, MN 56401</td>
<td>(218) 828-6123</td>
<td>(218) 828-2569</td>
</tr>
<tr>
<td>St. Paul, MN 55101</td>
<td>(651) 558-2227</td>
<td>(651) 558-2230</td>
</tr>
<tr>
<td>Wadena, MN 56482</td>
<td>(218) 319-6001</td>
<td>(218) 632-6583</td>
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<tr>
<td>Willmar, MN 56201</td>
<td>(320) 235-0865</td>
<td>(320) 214-3335</td>
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