Money Follows the Person
DEMONSTRATION

Participant Handbook

Housing Deposits Equipment Transportation
Employment Person-centered Planning Supports
Logistics Community Respite Care
Attention. If you need free help interpreting this document, call the above number.

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Hubachiisa. Dokumentiin kun bilisa akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kename bibili.

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Digniin. Haddii aad u baahantahay caawimaad lacag-la’aan ah ee tarjumaadda qoraalkan, lambarka kore wac.

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This information is available in accessible formats for individuals with disabilities by calling 651-431-2600 or by using your preferred relay service. For other information on disability rights and protections, contact the agency’s ADA coordinator.
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**For more information:**

Phone: 651-431-3951 or 888-240-4756
Email: movinghomemn.mfp@state.mn.us
Mail: Moving Home Minnesota
     P.O. Box 64250
     St. Paul, MN 55164-0250
Fax: 651-431-7745
What is Money Follows the Person or Moving Home Minnesota?
The Money Follows the Person Rebalancing Demonstration Program or Moving Home Minnesota is a state and federal program. Moving Home Minnesota helps people move from institutions back to the community. The goal is to support individuals with their transition and give them the help they need to live in the community.

If you are eligible for Moving Home Minnesota, the program can help you:

- Plan your move
- Find housing
- Find and maintain work
- Pay certain costs to establish housing, such as moving or deposits
- Pay a deposit for heat, electricity and telephone connection
- Set up your apartment or house
- Monitor your medications and overall health
- Pay for certain equipment you may need
- Pay for certain services that are not usually available
- Participate in activities
- Arrange for transportation
- Identify problems and plan for solutions before an emergency happens.

Moving Home Minnesota services are typically available for a 12-month period after you move into the community but may be extended based upon the individual’s need. At the end of your MHM services, you would continue to have your MA and waiver services.

To be eligible for Moving Home Minnesota, you must:

- Be eligible for Medical Assistance (MA)
- Live in a hospital, a nursing home or an intermediate care facility for 90 days or more
- Want to live in the community
- Accept case management services
- For participants 65 years and older, maintain Elderly Waiver eligibility.

Stay where you are or live in the community?
It is important that you have a chance to make a thoughtful decision about where you live. There may be good reasons to stay where you are, or good reasons to live in the community.

<table>
<thead>
<tr>
<th>The Benefits of Staying Where You Are</th>
<th>The Benefits of Living in the Community</th>
</tr>
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<tbody>
<tr>
<td>Stability</td>
<td>Independence</td>
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<tr>
<td>Safety</td>
<td>Privacy</td>
</tr>
<tr>
<td>Structure</td>
<td>More choices</td>
</tr>
<tr>
<td>Scheduled activities</td>
<td>Community involvement</td>
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<tr>
<td>Good access to services</td>
<td>Smaller – home setting</td>
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<tr>
<td>Qualified staff</td>
<td>Qualified staff</td>
</tr>
<tr>
<td></td>
<td>Choice of who to live with</td>
</tr>
<tr>
<td></td>
<td>Supports can be brought in as needed</td>
</tr>
</tbody>
</table>

People will ask you about your choices. If you choose to live in the community, your input will help in planning for your housing and services. Saying “no” to Moving Home Minnesota and staying where you are will not affect your eligibility for your current benefits.
Preparing to live in the community – your Transition Coordinator

A Transition Coordinator is someone who helps you plan your move. This could be a case manager, a care coordinator or some other provider with the necessary skills and qualifications.

The Transition Coordinator is responsible to work with you to:

- Explore housing options
- Inform you of your rights
- Plan for your move
- Identify and apply for services you need
- Prepare all documents necessary to move
- Create an emergency back-up plan.

Moving Home Minnesota community housing options

To take part in this program, you must move to a setting that meets certain criteria. Here are the approved community housing options for Moving Home Minnesota:

- A home owned or leased by you or your relative
- An apartment that has a lockable entry, and private living, sleeping, and cooking areas
- A group home, where no more than four unrelated people live.

Moving Home Minnesota and other programs

Moving Home Minnesota can help with short-term or one-time needs not funded by another program. It often works best when used with other programs offered through Medical Assistance.

Minnesota has five waiver programs to promote community living. Each waiver serves a specific population. Waivers pay for services that can help you live in the community. Your Transition Coordinator will make recommendations to you about the waiver programs listed here:

- Developmental Disabilities (DD) Waiver
- Brain Injury (BI) Waiver
- Elderly Waiver (EW).

Services available through Moving Home Minnesota and other programs

Below is a list of many of the services available in Minnesota under Moving Home Minnesota, a waiver or Medical Assistance. Attachment A is a more detailed list of services.

- Assistance with medications
- Changes to make your home safe and accessible
- Equipment (e.g. personal alert system, wheelchair lift)
- Family and caregiver education
- Furniture and household items
- Moving expenses
- Nursing services
- Personal care
- Rental or security deposit
- Respite care for caregivers
- Set-up fees or deposits for utility or services access, including phone, lights, heating and water
- Supported housing
- Support related to employment
- Transition planning

Those needing mental health services may be eligible for the following additional services:

- Adult Rehabilitative Mental Health Services (ARMHS)
- Assertive Community Treatment (ACT)
- Certified peer specialist
- Crisis response services
- Day treatment
- Education and prevention
- Outpatient therapy
- Partial hospitalization programs
- Targeted case management.
Your Transition Coordinator will be able to explain all the available services to you in more detail and help you figure out which services you may be eligible for.

Emergency planning
Your personal safety and well-being are important. The transition plan must tell us how you will be protected during emergencies. The transition plan must:

- Address emergencies that could come up
- Describe a backup plan if critical services are interrupted
- Be revised as situations change
- Must include an on-call response 24 hours a day.

We must have your input to plan for emergencies. You will have a chance to say how you would like emergencies to be handled. This could include asking family members or friends to help.

Applying for services
You can apply to the Moving Home Minnesota program in two ways:

1. Fill out the Moving Home Minnesota Intake Form located at: https://edocs.state.mn.us/lfserver/Public/DHS-5032-ENG
2. Request a paper form by contacting Moving Home Minnesota. Complete the form and fax or mail to:
   Moving Home Minnesota Program
   Minnesota Department of Human Services
   P.O. Box 64250
   St. Paul, MN  55164-0250
   Fax Number: 651-431-7745
3. You can also get help applying over the phone through one of the Linkage Lines. Calls to the Linkage Lines are free of charge.

People 60 and over-call Senior LinkAge Line® at 1-800-333-2433. Senior LinkAge Line® is a service of the Minnesota Board on Aging. It is provided locally by six Area Agencies on Aging. You can talk to someone Monday through Friday from 8:00am-4:30pm.

People with disabilities/chronic illnesses call Disability Linkage Line® at 1-866-333-2466. Disability Linkage Line® is a service of the Minnesota Department of Human Services.

The Metropolitan and Southeastern Minnesota Centers for Independent Living provide this service statewide by. You can talk to someone Monday at Friday from 8:30am-5:00 pm. You can leave a message 24 hours a day.

Eligibility Determination
1. After you apply, the Minnesota Department of Human Services will then review your application and assessments that have been completed by a lead agency (county social services, a health plan or tribal authority). The state will verify eligibility.
2. If eligible, the next step will be arranging an in-person meeting with the person who will be your Transition Coordinator. The Transition Coordinator will obtain your informed consent to participate in Moving Home Minnesota. This person will most likely be your Case Manager or Care Coordinator.
3. Once the Minnesota Department of Human Services has received your signed Informed Consent form, we will send you a letter telling you if you are eligible to receive Moving Home Minnesota demonstration services.

Service Principles for Moving Home Minnesota Participants
1. To live as independently, actively and fully as they desire
2. To have personal information kept private
3. To be treated in a courteous and respectful manner
4. To be free from mental, physical, verbal, emotional, sexual and financial abuse
5. To live safely in a healthy environment
6. To be dealt with in a manner that responds to personal needs and wishes, including those related to your ethnic and cultural background
7. To be informed about your services and to be offered choices about how services will be provided
8. To participate in all aspects of service planning
9. To be able to accept or refuse any service
10. To feel safe in offering your input and opinions
11. To be informed in a timely manner about changes relating to your services
Responsibilities of Moving Home Minnesota Participants

1. To know that you have rights relating to the Moving Home Minnesota program
2. To make your needs and expectations known
3. To give your consent only when you understand what you are agreeing to
4. To be respectful toward the people who provide your services
5. To participate in planning and reviewing your services
6. To let your provider know if you have problems with your service, or if you feel that your rights are not being respected
7. To ask questions and let others know when you do not understand something about your situation
8. To follow the care plan and the rules governing the programs and services you are enrolled in
9. To inform your medical providers of any changes to your health, and of your medical concerns as they come up
10. To know your backup plan. Let others know that you have a backup plan and that it should be activated when things are not going well
11. To participate in follow up program surveys about Moving Home Minnesota and the services provided

Service List by Eligible Population

Home and Community Based, State Plan and Moving Home Minnesota Demonstration/Supplemental Services (by eligible population)

Persons who are elderly (65 and older)*

Home and Community Based Services – Elderly Waiver (EW)
- Adult Companion Services
- Adult Day Care
- Adult Day Care Bath
- Caregiver Education and Training on behalf of EW recipients
- Case Management
- Case Management Aide
- Chore Service
- Consumer Directed Community Supports (CDCS)
- Customized Living Services
- Customized Living Services, 24-hour
- Environmental Accessibility Adaptations
- Extended Home Health Care Services:
  - Extended Home Health Aide
  - Extended Nursing Services (LPN and RN)
  - Extended Therapies (OT, PT, Speech and RT)
  - Extended Personal Care Assistance
  - Extended Private Duty Nursing
  - Family Adult Day Services (FADS)
  - Foster Care
  - Home Delivered Meals
  - Homemaker
  - Residential Care Services
  - Respite
  - Specialized Supplies and Equipment
  - Transitional Services
  - Transportation
State Plan – Home Health Services
- Home Health Aide
- Nursing Services (LPN and RN)
- Personal Care Assistance
- Skilled Nurse Visits
- Tele-homecare

Moving Home Minnesota Demonstration Services
- Case Consultation and Collaboration
- Comprehensive Community Support Services
- Certified Peer Specialist (CPS)
- Family Memory Care Intervention (in event person has dementia or memory concerns)
- Overnight Assistance
- Non-medical transportation to find housing and employment
- Transition Planning and Transition Coordination Services
- Self-Advocacy Training

Moving Home Minnesota Supplemental Services
- Membership fees for exercise classes or fitness club membership fees

Persons with a brain injury

Home and Community Based Services – Brain Injury Waiver (BI)
- 24-hour Emergency Assistance
- Adult Companion Services
- Adult Day Care
- Adult Day Care Bath
- Behavioral Programming (being renamed Behavioral Support)
  - Behavior Professional
  - Behavior Analyst
  - Behavior Specialist
  - Behavior Aide (being eliminated)
- Caregiver Living Expenses
- Case Management
- Case Management Aide
- Chore Service
- Consumer Directed Community Supports (CDCS)
- Customized Living Services
- Customized Living Services, 24-hour
- Environmental Accessibility Adaptations
- Extended Home Health Care Services:
  - Extended Home Health Aide
  - Extended Nursing Services (LPN and RN)
  - Extended Therapies (OT, PT, Speech, and RT)
  - Extended Personal Care Assistance
  - Extended Private Duty Nursing
  - Family Training and Counseling
- Foster Care
- Home Delivered Meals
- Homemaker
- Housing Access Coordination
- Independent Living Skills (ILS) Therapies
- ILS Training
- Overnight Assistance
- Prevocational Services
- Residential Care Services
- Respite
- Specialized Supplies and Equipment
- Structured Day Program
- Supported Employment Services
- Transitional Services
- Transportation

State Plan – Home Health Services
- Home Health Aide
- Nursing Services (LPN and RN)
- Personal Care Assistance
- Skilled Nurse Visits
- Tele-homecare
Moving Home Minnesota Demonstration Services

- Case Consultation and Collaboration
- Comprehensive Community Support Services
- Durable Medical Equipment and Assistive Technology if not using a waiver
- Environmental Modifications for Safety if not using a waiver
- Family Memory Care Intervention (in event person has dementia or memory concerns)
- MHM Demonstration Case Management if not using a waiver
- Overnight Assistance
- Non-medical Transportation to find housing and employment
- Personal Emergency Response Systems in lieu of waiver
- Transition Planning and Transition Coordination Services
- Self-advocacy Training
- Supported Employment

Moving Home Minnesota Supplemental Services

- Membership fees for exercise classes or health club/fitness center membership fees
- Tools, clothing and equipment necessary for employment

Persons with a developmental disability (DD Waiver)

Home and Community Based Services – Developmental Disabilities Waiver (DD) for individuals needing an Intermediate Care Facility level of care

- 24-hour Emergency Assistance
- Adult Day Care
- Adult Day Care Bath
- Caregiver Living Expenses
- Caregiver Training and Education
- Case Management

Case Management Aide
- Chore Service
- Consumer Directed Community Supports (CDCS)
- Consumer Training and Education
- Crisis Respite
- Day Training and Habilitation
- Environmental Accessibility Adaptations
- Extended Personal Care Assistance
- Home Delivered Meals
- Homemaker
- Housing Access Coordination
- Personal Support
- Residential Habilitation (In-home Family Support, Supported Living Services)
- Respite
- Specialized Supplies and Equipment
- Supported Employment Services
- Transitional Services
- Transportation

State Plan – Home Health Services

- Home Health Aide
- Nursing Services (LPN and RN)
- Personal Care Assistance
- Skilled Nurse Assistance
- Tele-homecare

Moving Home Minnesota Demonstration Services

- Case Consultation and Collaboration
- Certified Peer Specialist (CPS)
- Comprehensive Community Support Services
- Durable Medical Equipment and Assistive Technology if not using a waiver
- Environmental Modifications for Safety if not using a waiver
- Family Memory Care Intervention (in event person has dementia or memory concerns)
- MHM Demonstration Case Management if not using a waiver
- Overnight Assistance
- Non-medical Transportation to find housing and employment
- Personal Emergency Response Systems if not using a waiver
- Transition Planning and Transition Coordination Services
- Self-advocacy Training
- Supported Employment

**Moving Home Minnesota Supplemental Services**

- Membership fees for exercise classes or health club/fitness center membership fees
- Tools, clothing and equipment necessary for employment

**Persons with a developmental disability (CADI Waiver)**

**Home and Community Based Services – Community Alternatives for Disabled Individuals Waiver (CADI) for persons with a developmental disabilities needing a nursing home level of care**

- 24-hour Emergency Assistance
- Adult Companion Services
- Adult Day Care
- Adult Day Care Bath
- Caregiver Living Expenses
- Case Management
- Case Management Aide
- Chore Service
- Consumer Directed Community Supports (CDCS)
- Customized Living Services
- Customized Living Services, 24-hour
- Environmental Accessibility Adaptations

**State Plan – Home Health Services**

- Home Health Aide
- Nursing Services (LPN and RN)
- Personal Care Assistance
- Skilled Nurse Visits
- Tele-homecare

**Moving Home Minnesota Demonstration Services**

- Case Consultation and Collaboration
- Certified Peer Specialist (CPS)
- Comprehensive Community Support Services
- Durable Medical Equipment and Assistive Technology if not using a waiver
- Environmental Modifications for Safety if not using a waiver
- Family Memory Care Intervention (in event person has dementia or memory concerns)
MHM Demonstration Case Management if not using a waiver
Overnight Assistance
Non-medical Transportation to find housing and employment
Personal Emergency Response Systems if not using a waiver
Transition Planning and Transition Coordination Services
Self-advocacy Training
Supported Employment

Moving Home Minnesota Supplemental Services
- Membership fees for exercise classes or health club/fitness center membership fees
- Tools, clothing and equipment necessary for employment

Persons with a disability (non-DD) including mental illness and physical disabilities (CADI Waiver)

Home and Community Based Services – Community Alternatives for Disabled Individuals Waiver (CADI) for persons with a developmental disabilities needing a nursing home level of care
- 24-hour Emergency Assistance
- Adult Companion Services
- Adult Day Care
- Adult Day Care Bath
- Caregiver Living Expenses
- Case Management
- Case Management Aide
- Chore Service
- Consumer Directed Community Supports (CDCS)
- Customized Living Services
- Customized Living Services, 24-Hour
- Environmental Accessibility Adaptations

Extended Home Health Care Services:
- Extended Home Health Aide
- Extended Nursing Services (LPN and RN)
- Extended Therapies (OT, PT, Speech and RT)
- Extended Personal Care Assistance
- Extended Private Duty Nursing
- Foster Care
- Home Delivered Meals
- Homemaker
- Housing Access Coordination
- Independent Living Skills (ILS) Training
- Prevocational Services
- Residential Care Services
- Respite
- Specialized Supplies and Equipment
- Supported Employment Services
- Transitional Services
- Transportation

State Plan – Home Health Services
- Home Health Aide
- Nursing Services (LPN and RN)
- Personal Care Assistance
- Skilled Nurse Visits
- Tele-homecare

Moving Home Minnesota Demonstration Services
- Case Consultation and Collaboration
- Certified Peer Specialist (CPS)
- Comprehensive Community Support Services
- Durable Medical Equipment and Assistive Technology if not using a waiver
- Environmental Modifications for Safety if not using a waiver
- Family Memory Care Intervention (in event person has dementia or memory concerns)
MHM Demonstration Case Management if not using a waiver
- Overnight Assistance
- Non-medical Transportation to find housing and employment
- Personal Emergency Response Systems if not using a waiver
- Transition Planning and Transition Coordination Services
- Self-advocacy Training
- Supported Employment

**Moving Home Minnesota Supplemental Services**
- Membership fees for exercise classes or health club/fitness center membership fees
- Tools, clothing and equipment necessary for employment

**Persons with disabilities (non-DD) including mental illness and physical disabilities (CAC Waiver)**

**Home and Community Based Services – Community Alternative Care Waiver for Chronically Individuals (CAC) for persons needing a hospital level of care**
- Adult Day Care (FADS Only)
- Case Management
- Case Management Aide
- Consumer Directed Community Supports (CDCS)
- Environmental Accessibility Adaptations
- Extended Home Health Care Services:
  - Extended Home Health Aide
  - Extended Nursing Services (LPN and RN)
  - Extended Therapies (OT, PT, Speech and RT)
  - Extended Personal Care Assistance
- Extended Private Duty Nursing
- Family Adult Day Services (FADS)
- Family Training and Counseling
- Foster Care
- Home Delivered Meals

**Homemaker**
- Respite
- Specialized Supplies and Equipment
- Transitional Services
- Transportation

**State Plan – Home Health Services**
- Home Health Aide
- Nursing Services (LPN and RN)
- Personal Care Assistance
- Skilled Nurse Visits
- Tele-homecare

**Moving Home Minnesota Demonstration Services**
- Case Consultation and Collaboration
- Certified Peer Specialist (CPS)
- Comprehensive Community Support Services
- Durable Medical Equipment and Assistive Technology if not using a waiver
- Environmental Modifications for Safety if not using a waiver
- Family Memory Care Intervention (in event person has dementia or memory concerns)
- MHM Demonstration Case Management if not using a waiver
- Overnight Assistance
- Non-medical Transportation to find housing and employment
- Personal Emergency Response Systems if not using a waiver
- Transition Planning and Transition Coordination Services
- Self-advocacy Training
- Supported Employment

**Moving Home Minnesota Supplemental Services**
- Membership fees for exercise classes or health club/fitness center membership fees
- Tools, clothing and equipment necessary for employment
Persons who have a mental illness**

State Plan Services
- Adult Mental Health Rehab Services
  - Assertive Community Treatment Services (ACT)
  - Adult Rehabilitative Mental Health Services (ARMHS)
  - Crisis Stabilization Services
  - Adult Mental Health Targeted Case Management
- Children's Mental Health Rehab Services
  - Day Treatment
  - Individual, Family or Group Psychotherapy
  - Individual, Family and Group Skills Training
  - Mental Health Behavioral Aide and Direction of Behavioral Aide
  - Crisis Assistance
  - Mobile Crisis Response and Stabilization
  - Youth – Assertive Community Treatment Services (ACT)
  - Children’s Mental Health Targeted Case Management

Moving Home Minnesota Demonstration Services
- Case Consultation and Collaboration
- Certified Peer Specialist (CPS)
- Comprehensive Community Support Services
- Durable Medical Equipment and Assistive Technology if not using a waiver
- Environmental Modifications for Safety if not using a waiver
- Family Memory Care Intervention (in event person has dementia or memory concerns)
- MHM Demonstration Case Management if not using a waiver
- Overnight Assistance
- Non-medical Transportation to find housing and employment
- Personal Emergency Response Systems if not using a waiver
- Psychoeducation Services
- Transition Planning and Transition Coordination Services
- Self-advocacy Training
- Supported Employment

Moving Home Minnesota Supplemental Services
- Membership fees for exercise classes or health club/fitness center membership fees
- Tools, clothing and equipment necessary for employment

* Individuals who access other waiver programs prior to age 65 are allowed to remain in the pre-existing waiver program.

** Mental Health Services are available to individuals of all disability and age groups, providing they have a mental illness diagnosis and have needs that meet the requirements for medical necessity.