



## Moving Home Minnesota: Helping people move from institutions to community living

Moving Home Minnesota is an initiative started in 2013 to help people move from nursing facilities or other institutions to homes in the community. It is Minnesota's effort under the federal Money Follows the Person Rebalancing Demonstration, a strategy for reducing reliance on institutional care and developing opportunities for people with disabilities and older adults to fully participate in their communities.

Moving Home Minnesota provides services in addition to those available under Medical Assistance to help participants transition from an institution to community living.

### How does it work?

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Participants work with a transition coordinator to identify needs and wants and arrange for appropriate services and supports. The goal is to create a person-centered plan for transition and successful, independent living in the community. Moving Home Minnesota focuses on supporting a person during the first year of transition to the community so he or she can then remain in the community with Medical Assistance services.

### Who is eligible?

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Minnesota residents are eligible to participate in Moving Home Minnesota when all of the following criteria are met:

- The individual has resided for at least 90 consecutive days, not counting Medicare-covered rehab days, in one or more of the following settings:
  - Intermediate care facilities for individuals with developmental disabilities
  - Nursing homes
  - Hospitals, including state-operated community behavioral health hospitals
  - Institutions of Mental Disease such as Anoka-Metro Regional Treatment Center if the person is under age 21 or 65 years or older, or
  - The Child and Adolescent Behavioral Health Services facility in Willmar.
- Medicaid has paid for at least one day of institutional services before the person transitions from the institution, and the person remains continuously enrolled in Medicaid while receiving Moving Home Minnesota services.
- The individual moves to one of the following settings:
  - A home owned or leased by the individual or the individual's family member
  - An apartment with an individual lease and living areas over which the individual or individual's family has control
  - An assisted-living residence that provides an apartment with separate living, sleeping, bathing and cooking areas, lockable entrance and exit doors

- A home in a residential setting in which no more than four unrelated individuals live.

## How does the program help?

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Participants can have help:

- Arranging for required assessments
- Planning their move
- Finding housing
- Paying deposits for rent, heat, electricity and telephone
- Setting up an apartment or house
- Making changes to make the home safe and accessible
- Paying for special equipment, such as a wheelchair ramp or alert systems
- Becoming employed, volunteering or pursuing other activities of interest
- Arranging transportation to look for housing or employment
- Identifying risks and planning for solutions before an emergency happens
- Connecting to community-based mental health services and/or in-home health services
- Getting overnight assistance
- A limited number of project-based housing subsidies are available for participants least 18 but less than 62 years old. See the pre-application form at <https://edocs.dhs.state.mn.us/lfsrver/Public/DHS-7102-ENG>.

## How long can someone participate in Moving Home Minnesota?

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The program is designed to provide up to 180 days of transition planning and 365 days of supportive services in the community. After that, the participant often continues to receive Medical Assistance services.

## How do I contact Moving Home Minnesota?

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Contact the program at [movinghomemn.mfp@state.mn.us](mailto:movinghomemn.mfp@state.mn.us), at Moving Home Minnesota, P.O. Box 64250, St. Paul MN 55164-0250, or at 651-431-3951 or 888-240-4756 or your preferred relay service.