Minnesota Department of Human Services

MnCHOICES Assessment: Take the first step to get services to stay home

Minnesota Department of Human Services

How do I get help?
If you are a person of any age with a disability or in need of long-term services and supports, you can ask for a MnCHOICES Assessment.

This assessment will help determine what your needs are and what a plan for services would look like.

The assessment will help identify:

- Your support needs
- The services or programs to meet those needs, including public programs that might pay for services
- How to get those services.

What is a MnCHOICES Assessment?
- An in-person visit, usually where you live

Is there a cost?
- There is no cost to you.

What will they ask me?
Questions might include:

- Where and how do you want to live, work, and participate in your community?
- How do you like to spend your time and who do you like to spend it with?
- What concerns or challenges affect your ability to live as you choose?
- How do you take care of your day-to-day personal needs, such as dressing, eating, bathing and getting around?

Who can attend my assessment?
- Family members, friends, your legal representative or other significant people in your life
- You can also request an interpreter.

What happens after the assessment?
After the interview the assessor will provide you a written summary of:

- What they learned about you and your needs
- What services and supports can help
- Public programs you might be eligible for and other resources in your community.
How do I ask for a MnCHOICES Assessment?
You or someone who knows you can call the county or tribe where you are.

You may also contact:
Senior LinkAge Line 1-800-333-2433
seniorklinkageline.com
Disability Hub MN 1-866-333-2466
disabilityhubmn.org

You have the right to
- Request an interpreter
- Privacy
- Not be discriminated against
- Appeal results you disagree with.

Learn more about MnCHOICES
Go to MnCHOICES in your browser search

For more details on MnCHOICES
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Public/DHS-7283B-ENG