



# Behavioral Health Home (BHH) Services

## Overview

Behavioral health home (BHH) services refers to the delivery of a set of core services focused on integration of primary care, mental health services, and social services and supports for adults and children with a mental illness diagnosis. The services include:

- Comprehensive care management
- Care coordination
- Health and wellness promotion
- Comprehensive transitional care
- Individual and family support
- Referral to community and social support

BHH services is not a place to live. BHH services providers utilize a multidisciplinary team to deliver person-centered support to help people access and coordinate services and supports while helping them reach their wellness goals.

## BHH services goals are that each individual:

- Has access to and utilizes routine and preventative health care services
- Has consistent care for mental illness and other health conditions
- Gains knowledge of health conditions and associated effective treatments
- Increases self-efficacy and improves health management practices
- Has access to and utilizes wellness and recovery resources
- Has access to and uses social and community supports to assist with meeting wellness goals

## Team-Based Approach

Providers administer BHH services through a team-based approach. Each team shares the responsibility to support the people they serve so that every person has access to the expertise and services provided by BHH services team members.

## For more information:

Visit the BHH services website at [www.mn.gov/dhs/mhcp/bhh-services](http://www.mn.gov/dhs/mhcp/bhh-services), contact a local certified BHH provider directly or send an email to [behavioral.health.home.services@state.mn.us](mailto:behavioral.health.home.services@state.mn.us)

BHH services are offered in a variety of settings, including but not limited to:

- Community mental health centers
- Integrated primary care clinics

## Eligible individuals include:

- Medical Assistance recipients
- Adults with diagnosis of serious mental illness (SMI)
- Children with diagnosis of emotional disturbance (ED)

## Duplicative Services

Medical Assistance payment for duplicative services is prohibited. The following services are considered to be duplicative of BHH services:

- Mental health targeted case management (MH-TCM)
- Assertive Community Treatment (ACT) or Youth Assertive Community Treatment (Youth ACT)
- Relocation service coordination targeted case management (RSC-TCM)
- Vulnerable adult/developmental disability targeted case management (VA/DD-TCM)

