Safe Harbor shelter and housing program information

Name of agency: 180 Degrees

Name of Safe Harbor program: Brittany’s Place

Eligibility/population served (age, gender, etc.): Female identifying youth ages 10-17 (18-20 in some situations)

Program location (city): St. Paul, Minnesota

License: Minnesota Department of Human Services Children’s Residential Facility license with shelter certification

Does the program hold a contract with a county? Yes. The host county contract is with Ramsey County.

Facility description: Brittany’s Place is located in St. Paul with 24-hour security. The facility includes 12 beds, private bathrooms, laundry service, commercial kitchen, common living area, on-site school and other programs, as well as a community garden and outdoor spaces.

Program capacity (number of beds): 12 beds

Program model description, including services provided: The mission of Brittany’s Place is to provide a safe and supportive environment that empowers girls and young women to achieve their goals and lead healthy lives. Brittany’s Place provides holistic, wrap-around programming, therapeutic services, shelter and community supports to girls, and is staffed 24 hours a day with youth counselors skilled in trauma-informed care, cultural responsivity and youth intervention. Brittany’s Place also coordinates health services, mental health, chemical health and family reunification. Core programming includes:

- Initial stabilization, assessment and screenings
- Access to healthcare, including mental and chemical health services
- Establishing regular routines, self-care habits and healthy relationships
- Holistic, healing and therapeutic services
- Skill building in areas of coping and resiliency
- Assistance in transitioning back home or to the community
- Ongoing services and support

Maximum length of stay: Emergency shelter – 90 days (variances can be requested in some situations)

How to make a referral and contact info: Call 651-287-4801; the line is answered 24/7.
Safe Harbor shelter and housing program information

Name of agency: Evergreen Youth & Family Services, Inc.

Name of Safe Harbor program: Evergreen Safe Harbor Program

Eligibility/population served (age, gender, etc.): Ages 18-24; any gender

Program location (city): Bemidji, Minnesota

License: No; program only serves ages 18-24 in individual apartments.

County per diem contract? No

Facility description: Scattered site apartments in community

Program capacity (number of beds): Four adult beds and beds for their children

Program model description, including services provided: Scattered site housing units for victims of exploitation; majority of units are located within a one block radius of Evergreen’s drop-in/main office; intense housing case management; apartment set-up; search; transportation, mental health services, employment support, etc. Referrals to Evergreen’s Safe Harbor Supportive Services; Support Within Reach and other area providers for Safe Harbor.

Maximum length of stay: 24 months

How to make a referral and contact info:

Cindy Anderson, program director – 218-441-4554

Donna Heck – Safe Harbor housing case manager – 218-441-4552
Safe Harbor shelter and housing program information

**Name of agency:** Heartland Girls' Ranch

**Name of Safe Harbor program:** Hearts for Freedom

**Eligibility/population served (age, gender, etc.):** Ages 12-21 (must be in seventh grade or higher and still in school), female

**Program location (city):** Benson, Minnesota

**License:** Minnesota Department of Corrections Children’s Residential Facility license

**Does the program hold a contract with a county?** Yes. The host county contract is with Swift County.

**Facility description:** Non-secure group home setting

**Program capacity (number of beds):** 10 (four single rooms, two triple rooms)

**Program model description, including services provided:** Relationship-based model with services including education, life skills, employment skills, therapy, skills groups and equine programming

**Maximum length of stay:** Average length of stay is nine months; may be more or less depending on client need

**How to make a referral and contact info:** Call Jeannie Thompson at 320-843-4815, or email jeannie@heartlandgirls ranch.org
Safe Harbor shelter and housing program information

Name of agency: Life House

Name of Safe Harbor program: The Loft Shelter

Eligibility/population served (age, gender, etc.): The Loft provides emergency shelter for female, male and gender non-conforming youth ages 15-20 who are survivors of commercial sexual exploitation and/or who are homeless.

Program location (city): Duluth, Minnesota

License: Minnesota Department of Human Services Children’s Residential Facility license with shelter and group residential setting certification.

Does the program hold a contract with a county? Yes. The host county contract is with St. Louis County.

Facility description: The Loft is located in downtown Duluth in the same building as the Life House Drop-In Youth Center and case manager and administrative offices. The shelter is on the second floor and has a large common room with living and dining areas and kitchen surrounded by youth bedrooms and the staff office. The shelter is staffed 24/7.

There are virtual tours of the facility on the Life House webpage.

Program capacity (number of beds): 10 beds (two Safe Harbor specific)

Program model description, including services provided: The Loft provides emergency housing for youth. It provides support for youth to engage in education, employment, mental health and chemical dependency services while searching for stable long-term housing. Youth also have access to daily groups and activities in the youth center.

Maximum length of stay: 90 days

How to make a referral and contact info: To make a referral, contact the residential program manager at mary.cowen@life-house.org or 218-722-7431 x125.
Safe Harbor shelter and housing program information

Name of agency: Life House

Name of Safe Harbor program: Sol House

Eligibility/population served (age, gender, etc.): Sol House provides housing for female, male and gender non-conforming youth ages 15-20 who are survivors of commercial sexual exploitation.

Program location (city): Duluth, Minnesota

License: Minnesota Department of Human Services Children’s Residential Facility License with transitional and group residential setting certifications

Does the program hold a contract with a county? Yes. The host county contract is with St. Louis County.

Facility description: Sol House is a five-bedroom house located in a confidential location in a residential neighborhood. On the first floor is living room, dining room, kitchen and staff office. All bedrooms and two private bathrooms are located upstairs. The house is staffed 24/7.

There are virtual tours of both facilities on the Life House webpage.

Program capacity (number of beds): Five (one overflow)

Program model description, including services provided: Sol House provides a continuum of care for victims of commercial sexual exploitation. It helps connect survivors to services both within Life House and out in the community in order to help them heal from their traumas. Services include trauma-informed therapy, education and employment support, substance abuse counseling and daily activities.

Maximum length of stay: Two years

How to make a referral and contact info: To make a referral to either program, contact the residential program manager at mary.cowen@life-house.org or 218-722-7431 x125.
Safe Harbor shelter and housing program information

Name of agency: Lutheran Social Service-Brainerd

Name of Safe Harbor program: Saving Grace

Eligibility/population served (age, gender, etc.): Youth up to age 24 who are Safe Harbor eligible

Program location (city): Program office located in Brainerd, Minnesota

License: N/A

Does the program hold a contract with a county? Saving Grace does not hold a contract with counties in the service area.

Facility description: Lutheran Social Services Saving Grace is a transitional living program that uses a scattered-site housing model for Safe Harbor eligible youth 24 and younger. Saving Grace incorporates Housing First principles into the scattered-site transitional program.

Program capacity (number of beds): Saving Grace Transitional Program will provide housing assistance to eligible youth in a scattered site, therefore the capacity will vary based on the specific needs of each youth.

Program model description, including services provided: Saving Grace provides a scattered-site transitional living program with case management services for eligible youth. Utilizing Housing First principles, Safe Harbor eligible youth will be assisted in locating a safe living environment within the community. Youth are provided with case management to develop an Independent Living Plan to reach the goals they set in relation to education/employment, medical/mental/chemical health, budgeting, life skills, healthy relationships, housing, positive supportive relationships and other areas based on the specific needs of the youth. Using Trauma Informed care practices, Positive Youth Development and Harm Reduction principles, each youth is treated with respect and support as they transition in their healing journey.

Maximum length of stay: Each youth is provided with time to reach their goals at their pace, therefore there is not a time restriction on their participation. Youth may continue to receive follow-up support once they leave the program.

How to make a referral and contact info: Referrals can be made through Central Regional Navigator Kate LePage, or through the 24/7 hotline number at 218-834-3770. Youth can self-refer to the program.
Safe Harbor shelter and housing program information

**Name of agency:** North Homes Children and Family Services

**Name of Safe Harbor program:** Winnie Sisu

**Eligibility/population served (age, gender, etc.):** Females, ages 16-21

**Program location (city):** Bemidji, Minnesota

**License:** Minnesota Department of Human Services Children’s Residential Facility License with transitional certification

**Does the program hold a contract with a county?** Yes. The host county contract is with Itasca County.

**Facility description:** Ranch style with six private bedrooms, two shared bathrooms, and shared kitchen and living rooms. Staffed by a case manager, Monday through Friday, and youth counselors 24/7.

**Program capacity (number of beds):** Six

**Program model description, including services provided:** Programming is structured to help support and develop the attitude, self-concept, and skills needed for self-sufficiency and independent living. Using a client-centered approach and trauma-informed care, residents receive services tailored to their individual needs and goals for independent living.

Girls may be placed by county, tribe, probation or self-referred.

**Maximum length of stay:** Stay is determined individually.

**How to make a referral and contact info:** Referral forms are online at [www.northhomesinc.org](http://www.northhomesinc.org) or by calling 218-327-3000.
Safe Harbor shelter and housing program information

**Name of agency**: The Link

**Name of Safe Harbor program**: Passageways Supportive Housing

**Eligibility/population served (age, gender, etc.):** Male, female and transgender youth. The supportive housing program serves youth and young adults ages 16-24.

**Program location (city)**: Prior Lake, Minnesota

**License**: N/A

**Does the program hold a contract with a county?** Passageways housing program does not take county placements, so a county contract is not in place for this program.

**Facility description**: The Passageways Housing Program is located outside of the Twin Cities urban area and is provided in a non-institutional setting. Each youth has their own one bedroom apartment which has a kitchen, living room, large closets, bedroom and bathroom. There is a YMCA across the street from the shelter that provides free memberships for the program.

**Program capacity (number of beds)**: Five one-bedroom apartments.

**Program model description, including services provided**: The Safe Harbor Division includes the Passageways Emergency Shelter and Housing Program, the West Metro Regional Navigator, Safe Harbor Street Outreach and Aftercare and a variety of supportive services for sex trafficked youth. The Link operates two programs for sex trafficked youth: a six-bed emergency shelter for 12-17 year olds and a five-unit supportive housing program for 16-24 year olds. The program is inclusive and welcoming for youth of all gender identities and the housing program can serve youth that are parenting with children. Both programs are grounded in trauma-informed care, harm reduction, positive youth development and the victim-survivor-leader models of service delivery. Both programs have case management, a survivor mentorship program, on-site mental health and physical health assessment and services specific to the trauma of sex trafficking, health care services, educational programming and positive youth development activities on site. Both programs coordinate with outside agencies to provide longer-term mental health and/or chemical dependency treatment. This program is a partnership with the state’s Safe Harbor Law/No Wrong Door Model response and collaborates with multiple partners including the other state’s Safe Harbor Emergency Shelter and Housing Programs.
**Maximum length of stay:** There is not a maximum length of stay. Youth are able to stay in the program as long as they need to and are helped to transition into stable housing upon exit with the housing program case manager.

**How to make a referral and contact info:** Contact the West Metro Regional Navigator or mobile case manager at 612-232-5428. Passageways provides a 24-hour response and can provide transportation in emergency situations.
Safe Harbor shelter and housing program information

**Name of agency:** The Link

**Name of Safe Harbor program:** Passageways Shelter

**Eligibility/population served (age, gender, etc.):** Male, female, and transgender youth. The emergency shelter serves youth ages 13-17.

**Program location (city):** Prior Lake, Minnesota

**License:** Minnesota Department of Human Services Children’s Residential Facility license with shelter certification. The on-site school has been approved by the Minnesota Department of Education.

**Does the program hold a contract with a county?** Yes. The host county contract is with Hennepin County, with additional contracts with Ramsey and Scott counties.

**Facility description:** The Passageways Emergency Shelter Program is located outside of the Twin Cities urban area and is provided in a non-institutional setting. Each youth has their own bedroom with a shared bathroom, kitchen and eating area as well as other common spaces. The building is home-like environment that was designed and decorated by youth with lived experience of sexual exploitation and/or trafficking. There is an on-site school, arts and crafts space, positive de-escalation activities such as massage chairs and a punching bag, gaming area, and there is a YMCA across the street from the shelter that provides free memberships for the program.

**Program capacity (number of beds):** Six emergency shelter beds.

**Program model description, including services provided:** The Safe Harbor Division includes the Passageways Emergency Shelter and Housing Program, the West Metro Regional Navigator, Safe Harbor Street Outreach and Aftercare and a variety of supportive services for sex trafficked youth. The Link operates two programs for sex trafficked youth: a six-bed emergency shelter for 12-17 year olds and a five-unit supportive housing program for 16-24 year olds. The program is inclusive and welcoming for youth of all gender identities, and the housing program can serve youth that are parenting with children. Both programs are grounded in trauma-informed care, harm reduction, positive youth development and the victim-survivor-leader models of service delivery. Both programs have case management, a survivor mentorship program, on-site mental health and physical health assessment and services specific to the trauma of sex trafficking, health care services, educational programming and positive youth development activities on-site. Both programs coordinate with outside agencies to provide longer-term mental health and/or chemical dependency treatment. This program is a
partnership with the state’s Safe Harbor Law/No Wrong Door Model response and collaborates with multiple partners including the other state’s Safe Harbor Emergency Shelter and Housing Programs.

**Maximum length of stay:** Emergency shelter – 90 days (variances can be requested in some situations)

**How to make a referral and contact info:** Contact the West Metro Regional Navigator or mobile case manager at 612-232-5428. We provide a 24-hour response and can provide transportation in emergency situations.
Safe Harbor shelter and housing program information

**Name of agency:** Terebinth Refuge

**Name of Safe Harbor program:** Terebinth Refuge, Shelter & Transitional

**Eligibility/population served (age, gender, etc.):** Female, age 18 and older

**Program location (city):** Waite Park, Minnesota

**License:** Stearns County Environmental – Food and Lodging license

Minnesota Department of Health – Lodging Establishment with Special Services

**Does the program hold a contract with a county?** No

**Facility description:** Single family residential house on 1.3 acres

**Program capacity (number of beds):** 10 beds, including space for up to nine youth/adults and one dependent child

**Program model description, including services provided:** Terebinth Refuge provides shelter service and long-term transitional living services. The program includes, mental health therapy, chemical dependency assessment and therapy/outpatient treatment, education and employment components, independent living skills, and support/educational groups.

**Maximum length of stay:** Shelter – 90 days. Transitional – as needed.

**How to make a referral and contact info:** 320-428-4707 (24-hour crisis and referral line)
Attention. If you need free help interpreting this document, call the above number.

For accessible formats of this information or assistance with additional equal access to human services, write to dhsinfo@state.mn.us, call 651-431-4000, or use your preferred relay service.