



# Community First Services and Supports (CFSS)

CFSS is a Minnesota health care program that will offer flexible options to meet the unique needs of people. CFSS allows people greater independence in their homes and communities. CFSS will replace personal care assistance (PCA) and the Consumer Support Grant.

## Continuity with PCA

CFSS will cover the same main services as PCA:

- Activities of daily living, such as eating, bathing, grooming and transferring
- Health-related tasks
- Instrumental activities of daily living, such as shopping, cooking and laundry
- Observation and redirection of behavior.

## More options and supports

People who use CFSS will have more options and supports:

- People who want to continue to receive support from a provider agency may still do so using the CFSS agency model
- The CFSS budget model allows people more choice and control as the employer of their support workers.

These new options are available in either model:

- In CFSS, a person's spouse or the parent of a minor may serve as that person's support worker
- A person who uses CFSS may serve as another person's CFSS support worker
- People can buy a personal emergency response system to provide backup support
- People can choose to buy goods and services to aid in their independence
- Minnesota provides a worker training and development budget that the worker's employer may use to train workers on the person's individual needs.
- The consultation services provider will provide education on the person's options and support in writing their service delivery plan.

**NO ENGLISH**



**651-431-4300 or 866-267-7655 (toll free)**

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LB2 (03-24)



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